

SKC Vocabulary

ASHI foot/leg	GODAN fifth	KATA GUCHI shoulders
ATAMA head	GOMEN NASAI I'm sorry	KEAGE snap
BARAI sweeping	GUMBAWA good afternoon	KERI WAZA kicking techniques
BUNKAI application	GYAKU TSUKI reverse punch	KENTSUI hammer fist
BUSHIDO warrior	GYAKU reverse	KIAI shout used to let out negative energy
CHUDAN mid-level	HAI yes	KIBA DACHI horse stance
CHUI warning	HAJIME begin	KIHON basic training
COHAI senior student	HEIAN peaceful mind	KIME focus
DACHI stance	HIDARI left	KO back
DESHI trainee	JODAN UKE upper block	KON'NICHIIWA good morning
DO ITASHIMAS you're welcome	JODA upper	KOSA-DACHI cross stance
DOJO training hall	JUJI UKE x-block	KOSHI hips
DOMO ARIGATO thank you very much	KABUDO weapon	KUMITE sparring
EMPI elbow	KAITEN rotation	KUTSU bent
GEDAN downward	KAMAE JITSU fighting stance	MAE front
GERI kick	KARATE empty handed	
GI uniform	KATA form	

MAWASHI roundhouse	OSOI slow	TAIKYOKO first cause
MAWATE turn	OSU/OUS courtesy or respect	TE hand
MIGI right	OYASUMI NASAI good night	TEKKI iron horse
MIKAZUKI crescent	REI bow	TORI attacker
MOKOSU meditate	RYO get ready	TSUKI punch
MOROTE UKE augmented block	SANDAN third	UCHI inward
NEKO ASHI DACHI cat stance	SAYANORA good bye	UKE block
NIDAN second	SEMPAI assistant teacher	USHIRO back
NUKITE spear hand	SENSEI teacher	WAZA techniques
OBI belt	SHO palm	YAME stop
OHAYO good morning	SHODAN first	YOKO side
OSAE UKE pressing block	SHUTO knife hand	YONDAN fourth
	SOTO outward	ZENKUTSU-DACHI front stance